



SMART BELLIES PRODUCE BAGS INCLUDE*:

- 4-8 fruits (ex: 2 apples, 2 oranges, 2 bananas, etc.)
- 2-4 vegetables (ex: 1 cucumbers, 1 pepper, bag of carrots, etc)
- A bag or head of lettuce
- Tomato
- Onion
- Potatoes
- Cooking herbs

*Please feel free to get creative. Think of what a family of 4 could use for a meal or snacks.